

Policy Number: 6.1

Nutrition Education and Breastfeeding Education Plans

Revised/Effective October 1, 2012

Title: Nutrition Education and Breastfeeding Education Plans

Purpose

To assure appropriate nutrition and breastfeeding education are planned to address the nutritional needs and interests of WIC participants.

Authority

7 CFR Part 24.11

Policy

Each local agency will create, follow and have on file a Nutrition Education and Breastfeeding Education Plan. This plan will be reviewed by state staff during monitoring visits.

I. Nutrition Education Plan

- A. Each local agency will have a Nutrition Education Plan on file.
- B. The plan will consist of an assessment of the population served.
 - 1. Nutrition related needs of the local population
 - 2. Action plan
 - 3. Evaluation

II. Breastfeeding Education Plan

- A. Each local agency will have a Breastfeeding Education Plan on file.
- B. The plan will consist of an assessment of the population served in terms of breastfeeding promotion and support.
 - 1. Breastfeeding related needs of the local population.
 - 2. Action plan
 - 3. Evaluation